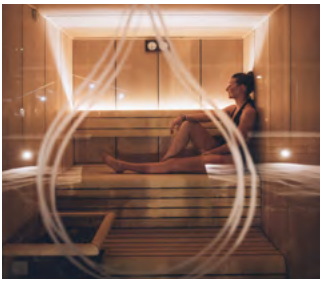
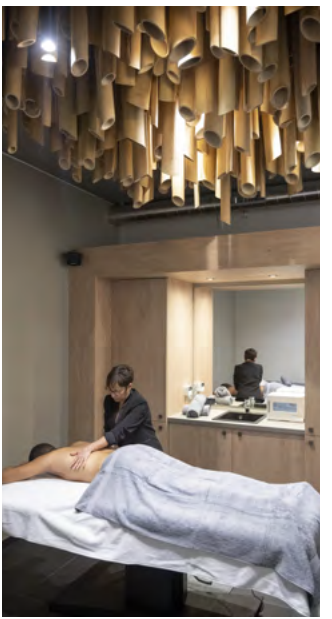
LE SPA
LES BALCONS

THE BALCONS PLATINIUM SPA EXPERIENCE

Located in the heart of Lanslevillard, Les Balcons Platinium Val Cenis***** residence's spa is an invitation to relax. Covering more than 800m², the wellness area offers a swimming pool, whirlpool baths, saunas and hammams in a wooded and vegetal atmosphere for a timeless moment of relaxation.

All our treatments are signed by Thalgo, a leading French brand in marine cosmetology, which draws its inspiration from the heart of the five oceans, regularly awarded for its innovations.
Face and body rituals combine technicality, performance, sensoriality and well-being to enhance everyone's beauty.





BODY
EXPERIENCE

WORLD'S MASSAGES

Relaxing «well-being» massages without therapeutic or medical purpose

25 mn..... 55 € 50 mn ..... 95 €

• CALIFORNIAN Back - Deep Relaxation - 25 mn

Perfect to deconnect and releave all back tensions.

• CALIFORNIAN Unwind and Relax - 50 mn

The pressure of the massage is personalised at your own rythm and according to your preferences.

• HAWAIEN Escape - 50 mn

Inspired by the Lomi-Lomi and the Polynesian culture, your body drifts into a state of deep relaxation.

• INDIAN Balancing massage - 50 mn

From the Indian Ayurvedic tradition known to rebalance inner energy. Body and mind regain their essential vitality.

• SWEDISH Decontracting massage - 50 mn

Sports massage with a series of friction and pressures to recover after effort, release tension and relieve stress.

WORLD'S SCRUBS

An invitation to travel

25 mn..... 45 €

• SPICY GINGER SCRUB

Stimulating treatment inspired by Ayurvedic traditions, rich in ginger powder to delicately exfoliate, nourish and perfume your body.

• PACIFIC SCRUB

Exquisite scrub with white sand from Bora Bora, sea salt, Tahitian vanilla and coconut shells.

• EXPECTANT MOTHER

25 mn..... 65 €

The prenatal massage (from the 4th month of pregnancy) offers a real moment of relaxation and comfort for the mother but also for the baby. It relieves muscle tension and fatigue.

The duration of the treatments includes the time to get installed in the cabin.

BODY
EXPERIENCE

WORLD'S RITUALS

The combination of a scrub and a massage for a high nutrition care.

• COLD CREAM RITUAL

60 mn ..... 80 €

Nourishing and lipid-replenishing treatment dedicated to dry and very dry skin.

• PACIFIC ISLANDS RITUAL

90 mn ..... 135€

A delicious island scrub followed by a MAHANA massage with Bora Bora sand bundles and vanilla monoi oil.

• INDIAN SEAS RITUAL

90 mn ..... 135€

A scrub and massage inspired by Ayurveda and based on the science of Marmas to create harmony between body and mind.

• MERVEILLE ARCTIC RITUAL

90 mn ..... 135€

A salt flake scrub followed by a Merveille Arctique massage to relax the body and release tension.

FACE
EXPERIENCE

ESSENTIAL CARES

HYDRA-FORTIFYING CARE

• SOURCE MARINE

60 mn..... 80 €

This moisturising beauty ritual deeply remineralises the skin and brings you immediate and lasting comfort.

NOURISHING CARE

• COLD CREAM MARINE

60 mn..... 80 €

A true haven of peace: nourishes dry skin and increases the tolerance threshold for delicate and fragile skin.

THALGOMEN CARES

THALGOMEN CARE & EXPRESS

• ANTI FATIGUE

30 mn ..... 65€

Complete cleaning, exfoliation with marine crystals, energising digital pressure and anti-fatigue mask.

• EXTREME HYDRATION

60 mn ..... 80€

This treatment is perfectly suited to men thanks to its vital blue algae extract, a cellular energising complex. An immediate «healthy glow».

ANTI-AGEING CARES

ANTI-AGEING

• HYALURONIC FACE TREATMENT

60 mn..... 95 €

A wrinkle-to-wrinkle treatment combining hyaluronic acids & marine pro-collagen, for visible effects, from the first treatment. Deeper wrinkles appear smoother for a younger and relaxed face.

ANTI-AGEING LIFTING CARE

• MARINE SILICON

75 mn ..... 115€

Anti-ageing firming treatment rich in Marine Silicon, incorporating a unique professional double mask to act effectively against wrinkles and loss of firmness.

The duration of the treatments includes the time to get installed in the cabin.

DUO
EXPERIENCE

FAMILY DISCOVERY OFFER

Reserved for children (up to 16 years old) accompanied by a parent

PARENT/CHILD DISCOVERY ..... **105€**

- Simultaneous 25-minute CALIFORNIAN massages

Performed in our duo cabin

DUO EXPERIENCE - 50mn ..... **185€**

- Simultaneous 50-minute massages of your choice

Performed in our duo cabin

COMBINED
EXPERIENCE

FACE & BODY

RELAX RITUAL - 85mn ..... 130€

- A **60-minute** «Essential» or «Thalgomen» FACIAL TREATMENT
- A **25-minute** CALIFORNIAN MASSAGE

DETOX RITUAL - 110mn ..... 175€

- A **60-minute** «Essential» or «Thalgomen» FACIAL TREATMENT
- A **50-minute** MASSAGE OF YOUR CHOICE

MASSAGE
CARDS

«3 MASSAGES» CARDS*

«EXPRESS» CARD
- 3 25 minute massages to choose ..... 140€

«RELAX» CARD
- 3 50 minute massages to choose ..... 250€

* Non-nominative card, can be used by several people. Our massages are treatments for aesthetic purposes, comfort and well-being, non-therapeutic and non-medical.

GIFT CARDS

Ask at the spa reception.

LE SPA

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NON-RESIDENTS

For all bookings of treatments, you will have access to the wellness complex for one hour.

TERMS OF SALE

Our guests are asked to come to the spa 10 minutes before the beginning of the treatment.

Any delay cannot be made up at the end of the session and will therefore lead to the shortening of treatment time.

In view of the high occupancy rate at the spa at some periods, we kindly ask you to contact the reception 24 hours in advance for any cancellations or postponements.

After this period, the service will be considered as carried out:
- The total amount of your treatment will be charged
- In the case of a reservation with a gift voucher, it will be validated as used, and cannot be refunded or postponed under any circumstances.

Photo credits:
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