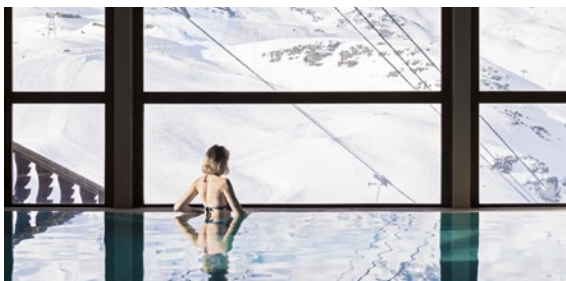




LE SPA

LES BALCONS





# LES BALCONS DE VAL THORENS SPA EXPERIENCE

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In the heart of the highest european ski resort, Les Balcons de Val Thorens\*\*\*\* spa is an invitation to slow down.

With its unique view over the mountains, the wellness area offers a swimming pool, hot tubs, saunas and hammam for a timeless moment of relaxation.

**THALGO**  
LA BEAUTÉ MARINE

We offer a complete range of treatments from Thalgo, a leading French brand that has been pioneering marine cosmetology since 1964. Regularly awarded prizes for its innovations, it draws its inspiration from the heart of the sea, a source of vital energy thanks to its concentration of minerals and trace elements. The products and protocols are based on marine extracts and algae with a unique revitalising power and 90% of the ingredients are of natural origin.

Our face & body treatments and rituals combine technical expertise, performance and sensoriality.

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*The duration of the care includes the time to settle in the cabin.*

*All our cares and massages are made for relaxation and not for therapeutic or medical purposes.*

# BODY

## EXPERIENCE

### WORLD'S SCRUBS

A travel invitation

30 mn.....45€

#### • PACIFIC ISLANDS SCRUB

Gourmet scrub with white sand from Bora Bora, sea salt, Tahitian vanilla and coconut shells.

#### • INDIAN SEA SCRUB

Stimulating treatment inspired by Ayurvedic traditions with ginger powder to exfoliate and perfume your body.

#### • ARCTIC WONDER SCRUB

An amazing texture with micro-flakes of exfoliating salts that purify the body and leave the skin feeling wonderfully soft and velvety.



# BODY

## EXPERIENCE

### WORLD'S MASSAGES

#### • THE TAILOR-MADE MASSAGE

25 mn..... 55€

Create your own massage by choosing the area of the body you want to massage and the pressure you want to apply.

#### • CALIFORNIAN Relaxing

50 mn..... 95€

A gentle, soothing massage, perfect for a moment of relaxation. A classic in the world of well-being.

#### • HAWAIIEN Escaping

50 mn..... 95€

Directly inspired by Lomi-Lomi and Polynesian culture, this massage, with its slow but sustained manoeuvres, will give you a feeling of absolute relaxation and escape.

#### • INDIAN Balancing

50 mn..... 95€

An energising massage based on the Indian Ayurvedic tradition that rebalances your inner energy. Body and mind regain their essential vitality.

#### • SWEDISH Decontracting

50 mn..... 95€

A sports massage using a combination of friction and pressure, ideal for recovering after exercise, releasing tension and relieving stress.

#### • EXPECTANT MOTHER

25 mn.....65€    50 mn ..... 105€

Prenatal massage (from the 4th month of pregnancy) offers a real moment of relaxation and comfort for both mother and baby. It relieves muscular tension and fatigue.

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# B O D Y

## EXPERIENCE

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### WORLD'S RITUALS

A combination of a scrub and a massage for a highly nourishing treatment

• **PACIFIC ISLANDS RITUAL - 90 mn** ..... 135€

A gourmet scrub from the islands, followed by a mahana massage using hot sand from Bora Bora and vanilla monoi oil for intense relaxation.

• **INDIAN SEA RITUAL - 90 mn** ..... 135€

Scrub and massage inspired by Ayurveda and based on the science of Marmas to restore harmony between body and mind.

• **ARCTIC WONDER RITUAL - 90 mn** ..... 135€

Salt flake body scrub followed by a Nordic massage. Relaxation and release of muscular tension, thanks to the combination of warm, invigorating movements and cold, relaxing ice balls.



# B O D Y

## EXPERIENCE

### SWEET DREAMS

The combination of a body wrap and a regenerating massage

- COLD CREAM MARINE

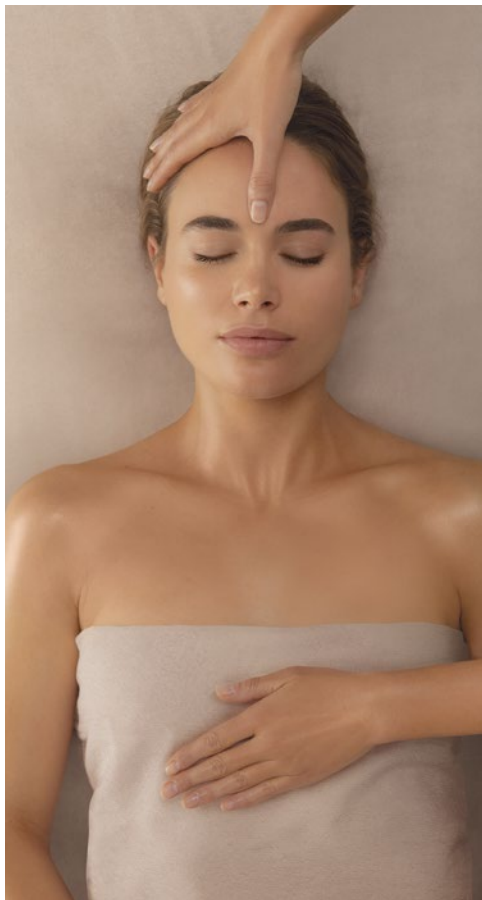
60 mn..... 105€

This nourishing treatment for dry to very dry skin transports you to the heart of the Cold Cream Marine world. The body wrap is applied with relaxing manoeuvres, and while your skin is being pampered with infinite softness, relax with a scalp, hand and foot massage.

- DEEP COLD CREAM MARINE

90 mn ..... 145€

Let yourself be tempted by a moment of extra softness with an exfoliating scrub to prepare your skin for the Cold Cream Marine treatment.



# FACE

## EXPERIENCE

### ESSENTIAL CARES

60 mn..... 85€

#### HYDRA-FORTIFYING CARE

- SOURCE MARINE

Moisturising treatment to deeply remineralise the skin while providing immediate and long-lasting comfort.

#### NOURISHING CARE

- COLD CREAM MARINE

Soothing treatment for very dry, sensitive skin with recurring sensations of discomfort. A moment of relaxation for deeply nourished skin.

#### MATIFYING CARE

- MARINE PURITY

Ideal care for combination skin to oily skin with dilated pores, shine or imperfections.

### ANTI-AGEING CARES

#### ANTI-AGEING FILLING CARE

- HYALURONIC FACE TREATMENT

60 mn..... 95€

A wrinkle-to-wrinkle treatment combining hyaluronic acid and marine pro-collagen, for visible effectiveness from the very first treatment. For a more youthful, relaxed-looking face.

#### ANTI-AGEING LIFTING CARE

- MARINE SILICON

75 mn ..... 115€

Anti-ageing firming treatment rich in Marine Silicon, incorporating a unique professional double mask to work effectively against wrinkles and loss of firmness.

# FACE

## EXPERIENCE

### CARES FOR MEN

- ANTI FATIGUE

30 mn ..... 65€

Complete cleansing, marine crystal scrub, energising digito-pressure and anti-fatigue mask.

- EXTREME HYDRATION

60 mn ..... 80€

Enriched with vital blue algae extract, a cell-energising complex. A real «healthy glow» effect.





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# MASSAGE

C A R D S

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## 3 MESSAGES CARDS

### SEA CARD

- 3 x 25 mn massages of your choice .....150€

### OCEAN CARD

- 3 x 50 mn massages of your choice .....260€

Only for worlds massages (page 3). Non-nominative card, can be used by several people.

## GIFT CARDS

More information at the spa reception desk.



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# COMBINED

## EXPERIENCE

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### FACE & BODY

SEA EXPERIENCE - 55 mn ..... 115€

- FACE CARE of your choice of 30 mn
- TAILOR-MADE MASSAGE of 25 mn

OCEAN EXPERIENCE - 110 mn ..... 175€

- FACE CARE of your choice (except anti-ageing care) of 60 mn
- WORLD'S MASSAGE of your choice of 50 mn

5 OCEANS EXPERIENCE- 140 mn ..... 210€

- FACE CARE of your choice (except anti-ageing care) of 60 mn
- WORLD'S SCRUB of your choice of 30 mn
- WORLD'S MASSAGE of your choice of 50 mn





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# DUO

## EXPERIENCE

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- **COMPLICITY DUO (PARENT/ CHILD)**

Only for children (up to 12 years old) accompanied by a parent.

25 mn.....105€

Simultaneous tailor-made massages performed in our duo cabin.

- **WORLD'S MESSAGES DUO**

50 mn.....185€

Simultaneous world's massages performed in our duo cabin.

# WAXING

## C A R E S

### WAXING

|   |     |
|---|-----|
| • EYEBROW, LIP OR CHIN - 15 mn .....          | 12€ |
| • 2 AREAS (EYEBROW, LIP OR CHIN)- 20 mn ..... | 18€ |
| • ARMS - 30 mn .....                          | 21€ |
| • FOREARMS - 30 mn .....                      | 18€ |
| • ARMPITS - 20 mn .....                       | 15€ |
| • BIKINI LINE - 20 mn .....                   | 20€ |
| • EXTENDED BIKINI - 40 mn .....               | 25€ |
| • BRAZILIAN BIKINI- 40 mn.....                | 30€ |
| • HALF LEGS - 30 mn.....                      | 25€ |
| • THIGHS - 30 mn.....                         | 28€ |
| • FULL LEGS - 45 mn .....                     | 40€ |

### PACKAGES (full leg supplement: 8€)

|   |     |
|---|-----|
| • BIKINI LINE + HALF LEGS + ARMPITS - 70 mn .....     | 50€ |
| • EXTENDED BIKINI + HALF LEGS + ARMPIT- 70 mn .....   | 55€ |
| • BRAZILIAN BIKINI + HALF LEGS + ARMPIT - 70 mn ..... | 60€ |

### MEN

|                              |     |
|------------------------------|-----|
| • SHOULDERS - 30 mn.....     | 20€ |
| • CHEST OR BACK- 30 mn ..... | 30€ |







## NON RESIDENT CLIENTS

For a full relaxing moment, enjoy access to the wellness area before your treatment.

*Only for bookings of a face or body massage or care.*



## TERMS OF SALE

We kindly ask our customers to arrive at the spa reception desk 10 minutes before the start of the treatment.

Any delay cannot be made up at the end of the session and will result in a reduction in the time allotted for the treatment itself.

As the spa is very busy at certain times, please contact us 24 hours in advance if you need to cancel or change the time and/or date of your reservation.

After this time, the service will be considered as completed:

- The full amount of your treatment will be charged
- In the case of a booking with a gift voucher, it will be validated as used, and cannot under any circumstances be refunded or postponed.

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LE SPA

LES BALCONS

Les Balcons de Val Thorens \*\*\*\*

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